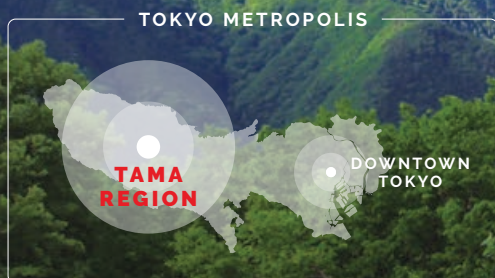


# TAMA

「多摩」

## ANOTHER FACE OF TOKYO



The Tama region located in the foot hills of the Okutama Mountains southwest of Tokyo is an oasis blessed with an abundance of nature and filled with fascinating cultural spots. Tokyo Convention & Visitors Bureau offers specially designed Tama tours to explore Tokyo in depth. (See reverse for itineraries)



VISIT WITH TOUR  
**A**

### Mount Takao (Takaosan)

Mt. Takao attracts 2.6 million visitors annually for the seasonal beauty of nature and has received three stars from the Michelin Green Guide as a "Must Go" sight.



VISIT WITH TOUR  
**A**

### Yakuo-in Temple

Founded in 744 by Gyoki on the order of Emperor Shomu. Yakuo-in grew under the patronage of the ruling Tokugawa family during Edo period (1603-1867).



VISIT WITH TOUR  
**A**

### Edo-Tokyo Open Air Architectural Museum

A showcase featuring buildings of historical and cultural significance dating from the early Edo to Showa eras (1650s-1950s) that have been relocated and rebuilt.



VISIT WITH TOUR  
**B**

### Kushi Kanzashi Museum

This unique museum displays Japanese women's hair accessories. It is amazing that the essence of Japanese culture has been expressed in these small ornaments.



VISIT WITH TOUR  
**B**

### Ozawa Shuzo (Sake Brewery)

The brewery offers you spectacular views of the surrounding mountains and valleys. "Sawanoi", one of their signature brands, has clean, crisp flavor and refined aroma.



VISIT WITH TOUR  
**C**

### Ishikawa Shuzo (Sake Brewery)

You will see the beauty of the old kura-warehouse. "Tama-jiman" (Pride of Tama) sake and "Tama no Megumi" (Gift of Tama) draft beer are made using only local ingredients.



VISIT WITH TOUR  
**D**

### POMONA Membership Farm

This farm demonstrates how to grow vegetables as well as offering land for rental. Enjoy picking seasonal vegetables and grill them for your lunch.



VISIT WITH TOUR  
**D**

### Toshimaya Shuzo (Sake Brewery)

Established in 1596. Their signature sake "Kinkon", which has been awarded numerous gold prizes, is dedicated to the Meiji Jingu and Kanda Myojin Shrines as the sacred sake.

## SPECIAL TOURS



## TOUR A Regional Highlights

Visit a unique museum featuring traditional Japanese buildings and the historic Yakuo-in temple while exploring nature's magnificence on Mt. Takao.

8:30 am

Hotel

90 min. bus ride

10:00 am

Koganei Park

Visit **Edo-Tokyo Open Air****Architectural Museum** A1

Tour by a volunteer English-speaking guide

11:30 am

60 min. bus ride

12:30 pm

Lunch

1:40 pm

10 min. bus ride

1:50 pm

**Mt. Takao** (Kiyotaki Station) A2

Enjoy marvelous view from a cable car

2:15 pm

Takaosan Station

Hiking up to the peak with a volunteer guide (30 - 40 min.)

Visit **Yakuo-in Temple** on the way A3

4:15 pm

Visit **TAKAO 599 MUSEUM**

4:30 pm

75 min. bus ride

5:45 pm

Hotel



## TOUR B Artisan Spirits

Be amazed at intricate designs on hair accessories by Japanese craftsmen. Delight your taste buds with an authentic tofu cuisine and locally brewed sake.

9:00 am

Hotel

90 min. bus ride

10:30 am

Visit **Kushi Kanzashi Museum** B1

Guided tour by the director

11:00 am

20 min. walking tour along Tama River and Sawanoi Garden

11:20 am

Lunch at Mamagotoya

Kaiseki cuisine serving Tofu and Yuba

12:55 pm

5 min. walk

1:00 pm

**Ozawa Shuzo (Sake Brewery)** B2

Kura tour and sake tasting

2:00 pm

25 min. bus ride

2:25 pm

**Uchinuma Kinoko-en** B3

Pick local mushrooms, grill and taste your harvest

3:40 pm

80 min. bus ride

5:00 pm

Hotel



## TOUR C Therapeutic Walk

Reset your mindset in the deep forest with a therapeutic walk, and perhaps a yoga practice. And refresh yourself with refined sake at a brewery.

8:00 am

Hotel

120 min. bus ride

10:00 am

**Tama Therapy Road (Tokei Trail)** C1

Walking tour through forest with a

volunteer English-speaking guide

Lunch on the way

1:00 pm

60 min. bus ride

2:00 pm

**Ishikawa Shuzo (Sake Brewery)** C2

Kura tour, sake tasting,

shopping at a souvenir store

3:45 pm

75 min. bus ride

5:00 pm

Hotel



## TOUR D Agricultural Experience

Experience harvesting vegetables while learning urban gardening. Enjoy a BBQ of your own harvest and taste the sacred sake made in a traditional brewery.

9:30 am

Hotel

90 min. bus ride

11:00 am

**POMONA Membership Farm** D1

Experience picking vegetables and fruit

BBQ lunch with your own picked vegetables

Crops vary by season

1:30 pm

45 min. bus ride

2:15 pm

**Toshimaya Shuzo (Sake Brewery)** D2

Kura tour, sake tasting, shopping at a

souvenir store

3:30 pm

90 min. bus ride

5:00 pm

Hotel



\*All tours use Metropolitan Expressway and Chuo Expressway for both ways. Time indicated above is approximately. Schedule, routes and venues are subject to change without prior notice. Tours may be canceled due to weather conditions.